

Good Morning
Welcome to
Breakfast

21
LAKE

RESTAURANT | BAR

Rise & Grind Breakfast Buffet | \$14.95

Eggs, Chef's choice of Bacon, Sausage or Home Fries,
Oatmeal, Cereal, Pastry Cabinet, Fruit, Yogurt,
Smoothies, Juice, Coffee

Kids 6-12 | \$9.99, Kids 5 & under | complimentary

Quick Start Continental Buffet | \$12.95

Oatmeal, Cereal, Pastry Cabinet, Fruit, Yogurt, Smoothies,
Juice, Coffee

Stand Alone Items

- Cereal | \$3
- Oatmeal | \$2.50
- Yogurt | \$2.50
- Cup of Fruit | \$3
- Cereal & Fruit | \$4
- Oatmeal & Fruit | \$4
- Yogurt & Fruit | \$4
- Toast/Danish/Croissant | \$2.50
- Egg Sandwich | \$5
- Juice | \$1.95

If You Have Any Dietary
Restrictions, Please See Your
Server. We Will Accommodate
You as Best We Can.

Served

Tues-Fri 7AM-10AM
Sat-Sun 7:30AM-10:30AM

Meal Replacement

Kick Start Shake | \$8

Made with Omar Coffee cubes,
4Jacks, Cream, 14g Scoop of Whey
Protein, Choice of Flavor Syrup

Smoothie | \$8.99

Build Your Own Smoothie from our
assortment of Fruits, Yogurts, Juice,
Milk. Add Whey Protein; 14g \$1.50,
25g \$2.50, 32g \$3.50

Caffeine Bar

Cold Brew Shot | \$2

3oz of 4Jacks Nitro Cold Brew Coffee

Cold Brew Glass | \$7

10oz of 4Jacks Nitro Cold Brew Coffee

Cold Brew Latte | \$7

4Jacks Nitro Cold Brew Coffee,
Milk and your choice of Flavor Syrup

Iced Coffee | \$3.50

Made with Omar Coffee cubes and chilled
coffee

French Press Pot | \$7

Your choice of Omar Coffee blends
RFA (Mild-Medium roast) RFA UC Bold
(Medium roast) or Volcano (Dark roast)

Omar Coffee | \$2

Locally roasted Breakfast Blend and Colombian
Decaf



ETHAN ALLEN
HOTEL

MENU

Breakfast

AVAILABLE

TUESDAY—FRIDAY 7AM-10AM
SAT & SUN 7:30AM—10:30AM

FIRST WE EAT,
THEN WE DO
EVERYTHING ELSE



ETHAN ALLEN
HOTEL

STARTERS

21 LAKE NACHOS | \$16

Beef & Three-Bean Chili, Tortillas, Vermont Cheddar, Pico De Gallo, Avocado, Sour Cream

HUMMUS & PITA CHIPS | \$12**WINGS (CHOOSE ONE)** | \$15

Red Hot, BBQ, or Mild

MOZZARELLA STICKS | \$12

Marinara Sauce

FRIED JALAPENO POPPERS | \$12

Filled with Cream Cheese

FRIED CALAMARI | \$16

Cherry Peppers, Lemon, Tartar or Marinara Sauce

POTATO SKINS | \$13

Cheddar Cheese Applewood Smoked Bacon, Sour Cream

CRISPY CHICKEN TENDERS | \$14

Honey Mustard, BBQ, or Ranch

BEEF & THREE-BEAN CHILI CUP | \$12**NEW ENGLAND CLAM CHOWDER** | \$10**FRENCH ONION SOUP** | \$10**FRIES** | \$6

Chili-Cheese Fries I add \$3

Cheddar & Applewood Smoked Bacon I add \$3

SALADS

CAESAR SALAD | \$12

Romaine, Croutons, Grana Parmesan, Anchovy Garlic Dressing

FARM-PICKED FIELD GREEN SALAD | \$14

Organic Mesclun Greens, Heirloom Tomatoes, Red Onion, Balsamic, Blue Cheese, Ranch or 1000 Island Dressing

Add to any Salad

Grilled Chicken I add \$6 Grilled Shrimp I add \$8

Grilled Salmon I add \$12

*Thoroughly cooking meat, poultry, seafood and eggs reduces the risk of foodborne illnesses. **We offer gluten-free items, but we are not a gluten-free environment. Please see your server.

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THEN WE DO
EVERYTHING ELSE



ETHAN ALLEN
HOTEL

ENTRÉES

GRILLED NEW YORK SIRLOIN | \$35

Red Skinned Mashed Potatoes, Seasonal Local Grown Vegetables, Cognac-Peppercorn Cream Sauce

GRILLED ATLANTIC SALMON | \$30

Jasmine Rice, Heirloom Tomato, Cilantro & Charred Pineapple Salsa, Roasted Shallot Citrus Glaze

PAN ROASTED CHICKEN | \$32

Organic Chicken, Local Roasted Seasonal Vegetables, Pan Jus

PENNE PASTA ALA VODKA | \$18

Fresh Basil, Tomato Cream, Parmigiano-Reggiano Grilled Chicken I add \$6 Grilled Shrimp I add \$8 Grilled Salmon I add \$12

HAND-HELDS

BUILD YOUR OWN BURGER | \$18

Lettuce, Tomato, Onion, Bun

American, Cheddar, Swiss, Pepper Jack, Applewood Smoked Bacon I add \$1

Fried Egg I add \$2, Chili I add \$3

OVEN ROASTED TURKEY CLUB | \$16

Applewood Smoked Bacon, Lettuce, Tomato, Mayo, Multi-Grain Bread

GRILLED CHICKEN SANDWICH | \$17

Vermont Cheddar, Applewood Smoked Bacon, Lettuce, Tomato, Multi-Grain Bread Mayo, Ranch, Buffalo, or BBQ

CHICKEN QUESADILLA | \$16

Salsa, Guacamole & Sour Cream

MARGHERITA FLATBREAD PIZZA | \$15

Roasted Tomatoes, Fresh Mozzarella, Basil, EVOO, Balsamic Glaze

DESSERTS

CHOCOLATE MOUSSE CAKE | \$12

Melba Glaze

NEW YORK STYLE CHEESECAKE | \$12

Strawberry Compote

ICE CREAM | \$6

2 Scoops. Choice of: Vanilla, Chocolate

21

L A K E

RESTAURANT | BAR

MENU

Dinner

AVAILABLE

TUESDAY - SATURDAY 5PM-10PM

FIRST WE EAT,
THEN WE DO
EVERYTHING ELSE



ETHAN ALLEN
HOTEL

Kids Menu

AGES
12 AND UNDER

FOR KIDS

Served with choice of soda or juice \$10
Tax and gratuity not included

HUMMUS & VEGGIES

PASTA BOWL

Marinara or Butter

CHICKEN FINGERS

Fries or Seasonal Fruit

BURGER

American, Cheddar, Swiss, Plain
Fries or Seasonal Fruit

GRILLED CHEESE

American, Cheddar, Swiss,
Fries or Seasonal Fruit

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Kids Menu

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12 AND UNDER

FIRST WE EAT,
THEN WE DO
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